::: Useful Information...



Apprenticeships

♦ www.apprenticeships.gov.ukJobs

- ♦ www.gov.uk/jobsearch
- ♦ www.indeed.co.uk

Drugs, Advice and Guidance

◆ FRANK -Call: 03001 236 600 or text: 82111 Website: www.talktofrank.com

<u>Childline</u>

♦ Call: 0800 1111 - www.childline.org.uk

Northern Lights Counselling

www.northernlightscounselling.co.uk Tel:01723 364685

NSPCC

◆ Call: 08088 005 000 www.nspcc.org.uk IDAS

◆ Independent Domestic Abuse Service Helpline: 03000110110 www.idas.org.uk IDAS Rape Support Line: 0300 111 0777

Housing

- ◆ **Beyond Housing** *Scarborough www.beyondhousing.co.uk*
- Foundation homeless prevention service, www.foundation.org/team/ foundation-scarborough
- SASH Help for 16-25YRs who find themselves homeless, www.sashuk.org.uk
- Stonham Home Stay -Scarborough & Ryedale homeless prevention service, www.stonhamhomestay.org.uk

<u>Libraries</u> (www.northyorks.gov.uk/ article/23969/Local-libraries)

- ♦ Ayton
- ♦ Eastfield
- ◆ Filey
- ♦ Scalby
- ♦ Scarborough
- Whitby

Fearless / Crime Stoppers

 Report crime anonymously www.fearless.org

Outdoor Centres

◆ Carlton Lodge Activity Centre -Carlton Miniott, Thirsk, YO7 4NJ Tel: 01845 522 145, www.carltonlodge.org.uk

Sports

◆ North Yorkshire Sport - sports groups directory www.northyorkshiresport.co.uk

Sexual Health

- Barnardos Prouder Communities www.barnardos.org.uk/what-we-do/ supporting-young-people/LGBTQ
- Human Kind- Free, confidential support for alcohol, drugs, housing or mental health www.humankindcharity.org.uk
- YorSexualHealth Confidential sexual health service. www.yorsexualhealth.org.uk

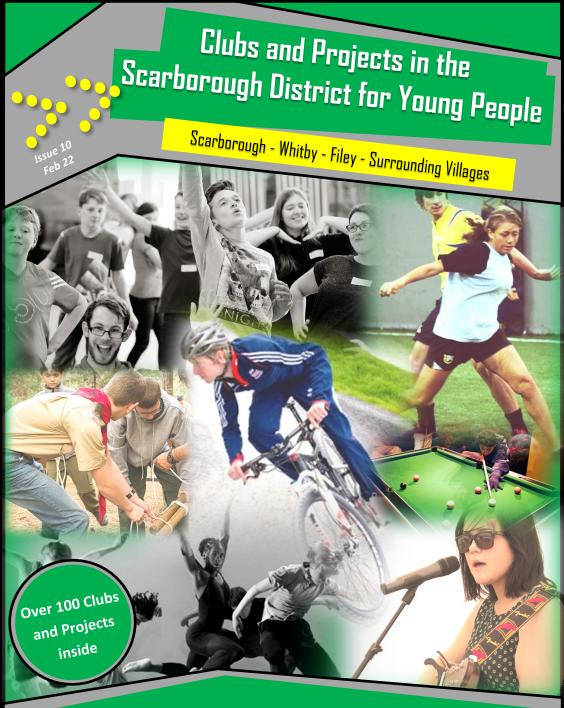
Young Carers

 Carers Plus Yorkshire - Supporting unpaid family carers www.carersplus.net 01723 850155

This booklet has been produced by:

North Yorkshire Youth Carlton Lodge Activity Centre Carlton Miniott Thirsk YO7 4NJ Tel: 01845 522 145 e-mail: info@nyy.org.uk





Please note that age limits vary and there may be costs to take part in activities publicised. All information provided in this leaflet is secondary research and may not be completely accurate. For any updates please email ian@nyy.org.uk

By becoming a Volunteer you could...

Help others and change lives for the better

- Help a cause close to your heart
- Do something positive in your spare time
- Meet new people and make new friends
- Make your community a better place
- Learn new skills
- Share your skills with others
- Put what you are doing on your personal statement or CV
- Use your experience to get a job
- Give something back
- Receive recognition and praise, locally, nationally and internationally.

There are some fantastic volunteering opportunities out there for a range of ages so please get involved now!

Volunteering Websites

- Vinspired www.vinsired.com/volunteer
- Community First Yorkshire (VINY) www.communityfirstyorkshire.org.uk/volunteering
- **Volunteering Matters www.volunteeringmatters.org.uk**

Please email Ian@nyy.org.uk if you would like to:

- Provide a volunteering opportunity for a young person
- If you know of an adult (aged 18+) who would be interested in volunteering in a local youth project, Buddy Network or starting their own group.





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Empow

What is Fearless?

Fearless is the youth service from the independent charity Crimestoppers. Aimed at young people, our website provides non-judgemental information and advice about crime.



Give information

Young people can give information about crime 100% anonymously via a secure online form on the website. It empowers them to take a safe stand against

Work with young people?

Teacher, youth worker, school nurse, parent? Fearless can provide you with FREE resources on a wide range of crime types via the 'not a young person' section of the website.

Connect with Fearless







The Calendar features
12 winning photographs taken
by young people from across
North Yorkshire.

There is a seasonal photo for each month, it will brighten up your wall and make a great Christmas gift.

£10.59 including postage,

(proceeds will fund the project next year)

To order please contact Annalisa on:

01845 522145

or email: annalisa@nyy.org.uk



::: A - Z of Activities



Air Cadets

- ◆ 739 (Scarborough) Squadron Air Training Corps, Cadet Centre, TA Barracks, Coldyhill Lane, Scarborough, YO12 6SE Tel:01723 381110
- ◆ **740 (Whitby) Air Training Corps** 740 (Whitby) Squadron HQ Rear of Whitby Sixth Form, Whitby YO21 1QA Tel: 01947 825 764

Angling Clubs

- ♦ Whitby Sea Anglers www.whitbyseaanglers.com
- ◆ Scarborough Anglers Social Club Tel:01723 372495 www.facebook.com/ scarboroughanglers.socialclub

Archery

- ♦ Scarborough Archers www.scarborougharchers.wordpress.com
- ◆ Whitby Company Of Archers www.whitbycompanyofarchers.webs.com Tel: 07842188237

Army Cadets

- ◆ Scarborough Cadet Centre Coldyhill Lane, Scarborough, YO12 6SE, Mon +Thurs 7.00-9.00pm
- ◆ Whitby ACF Cadet ACF Cadet Centre, Caedmon College, Airy Hill, Whitby, North Yorkshire, YO21 1QA

Athletics

♦ Scarborough Athletic Club - www.scarboroughac.co.uk/

Badminton

◆ Scarborough and District Badminton Association - www.facebook.com/ Scarborough-Table-Tennis-and-Badminton-Club-515626898568467/

<u>Boxing</u>

- ◆ Scarborough Amateur Boxing Club Seamer Road, Scarborough. Mon, Wed+ Fri 6-8pm. For more details ring John on 07738 291809
- ♦ Westway Amateur Boxing Club Westway Boxing Club, Bankside, Scarborough, YO11 3EW
- ◆ Whitby Amateur Boxing Club St Patrick's church, church street, Whitby, YO21 4DE, Tel: 0797433260

Dance

- ♦ Bensons Stage Academy www.bensonstageacademy.co.uk
- ♦ Hatton School Of Performing Arts -www.hattonschoolofperformingarts.co.uk
- ♦ Meshballet Robinhoods Bay, Contact Su Crossland, Su@meshballet.co.uk
- ◆ Ta Da'nce -www.facebook.com/TaDanceDance/

Contact Mary-Ann Tel:07784 130698 Email:tadance464@gmail.com

Disability Group

◆ InterActive Whitby and District - 1 The Archway, Skinner Street, Whitby Tel: 01947 601259

Diving (Scuba)

◆ Scarborough Sub Aqua Club - 25 St Mary's Street, Scarborough, YO11 1QW - www.ssacdiver.co.uk

Duke of Edinburgh

- ♦ Follow the link to find a unit near you: www.dofe
- ♦ Whitby Caedmon College Whitby www.ccwhitby.org
- ♦ Scarborough Sixth Form College www.s6f.org.uk

Football

- ◆ Corinthians Jr FC U8's U14's www.clubplus.co.uk/cayton- corinthians-juniors-fc
- ♦ Filey Community Sport Club U10's- U18's teams www.fileysportsc.com
- ◆ Fishburn Park-Whitby Under 13s www.facebook.com/fishburnparkU12
- ◆ Scarborough Athletic FC U 7s u 19s www.scarboroughathletic.com/teams
- ♦ Whitby Fishermen's U7'S 0 U 15's www.whitbyfishermens.co.uk

Gaming

- ◆ Krash Labs Computer club based at The Street, 12 Lower Clark St, Scarborough YO12 7PW www.Krashlabs.co.uk Tel:01723 350984
- ◆ Scarborough Games Society Mon + Thurs, 6.00pm -11pm, Roscoe's Bar, Roscoe Street, Scarborough. scarboroughgames@gmail.com

Girl Guides (for venue details, times and registration - www.girlguiding.org.uk)

♦ Filey , Scarborough , Hunmanby , Robin Hoods Bay & Whitby Girl Guides

<u>Golf</u>

- Filey Golf Club West Ave, Filey YO14 9BQ, www.fileygolfclub.com
- ◆ Scarborough North Cliff GC Burniston Road, Scarborough, YO12 6PP www.northcliffgolfclub.co.uk
- ◆ Scarborough South Cliff GC Deepdale Avenue, Scarborough, YO11 2UE www.southcliffgolfclub.com
- ◆ Snainton Golf Course Yedingham Road, Snainton, Scarborough YO13 9PG www.golfscarborough.co.uk
- ◆ Whitby Golf Club Low Straggleton, Sandsend Road, Whitby, YO21 3SR, www.whitbygolfclub.co.uk

Eastfield Youth Club







Mondays 7:00-9:00pm

at

Westway Open Arms, Eastfield

Open to year 7+ 50p Entry

Surfing

- ♦ Dexters Surf Shop dexterssurfshop.com Tel: 01723 377 565
- ♦ Fluid Concept –www.fluidconcept.co.uk Tel: 07891 094976
- ♦ Scarborough Surfing School scarboroughsurfschool.co.uk Tel: 01723 585585

Swimming Groups

- ◆ Scarborough Disabled Swimming Scarborough Indoor Pool, Scarborough, YO12 6AQ Contact: Wendy Cook, 01723 363600 www.sdsg.org.uk
- Whitby Seals
 — Whitby Seals ASC, Whitby Leisure Complex, West Cliff, Whitby, www.whitbyseals.wixsite.com/swimming

Sports Centres

- ◆ Active Coast and Country Scarborough Sports Centre, Filey Road, Scarborough, YO11 2TP 017232 32552 Website: www.activecoastandcountry.co.uk
- ♦ Hunmanby Hall Sports & Leisure www.hunmanbyhall-leisure.co.uk/ 892882
- ◆ Pindar Leisure Centre Moor Lane, Eastfield, Scarborough, YO11 3LW, 01723 585637 www.everyoneactive.com/centre/pindar-leisure-centre/
- ◆ Whitby Leisure Centre Crescent Avenue, West Cliff, Whitby, YO21 3HT, 01947 604640, www.everyoneactive.com/centre/whitby-leisure-centre/ Valley ball
- ◆ North Riding Eagles Volleyball Club www.facebook.com/North-Riding-Eagles-Volleyball-Club-Yorkshire-487495268070338/info/?tab=page_info

Wildlife

◆ Whitby Wildlife Sanctuary — Broomsfields Farm, Stainsacre Ln, Whitby YO22 4NW, 07848 187975 www.whitbywildlife.co.uk

<u>Young Farmers</u> (For more details regarding all the below Young Farmers clubs, contact the YFC head office: 01423 865870 email: office@yfyfc.org.uk)

- ♦ Danby YFC Meet at Ley Hall, Lealholm, fortnightly on Tuesdays at 7.30pm
- ◆ Lythe YFC Meet at Christ Church Hall, Ugthorpe, Whitby, fortnightly on Tuesdays at 7.30pm
- ◆ Snainton YFC Meet at Snainton Village Hall, Mondays at 7.30pm
- ◆ Whitby YFC- Meet at Newholm Village Hall, Whitby, fortnightly on Tuesdays at 7.30pm.

Youth Theatre

◆ YMCA Scarborough – St Thomas Street, Scarborough, YO11 1DY, 01723 374227 www.scarborough.ymca.org.uk

Whitby Youth Club







8.30pm at
Eastside Community Centre
Whitby
Open to year 7+
50p Entry

Here to support voluntary youth clubs and projects...





North Yorkshire Youth (NYY) offer support and advice to set up, develop and sustain community youth clubs and projects across North

Yorkshire. If you are interested in making a difference in your community and working with local young people then we'd love to hear from you.

For more information please contact:

Ian Kirchner-Waines

Youth Development Worker Scarborough District ian@nyy.org.uk

Road Cycling

- ◆ Scarborough Paragon Cycling Club www.spcc.org.uk/ Juniors (12-18yrs) Rugby
- ◆ Scarborough Rugby Club Youth Rugby training www.scarboroughrugby.co.uk/rugby/youth-rugby/ Tel: 01723 357740
- ♦ Whitby Rugby Club 6— 18YRs training sessions Sundays 10.30 –11.30am. www.whitbyrugbyclub.co.uk Tel: 01947 825158

Rowing Clubs

- ◆ Scarborough Amateur Rowing Club 29 Foreshore Rd, Scarborough, YO11 1PB, Tel:01723 361857
- Whitby Friendship Amateur Rowing Club New Way Ghaut, Church Street, Whitby YO22 4DH Tel: 01947 604751
- ♦ Whitby Fisherman's Amateur Rowing Club Market Place, Whitby, YO22 4DB Tel: 01947 606307

Sailing

- Filey Sailing Club The Brigg, Filey YO14EW, 01723 512529 www.fileysc.co.uk
- ♦ Whitby Yacht Club Pier Road, Whitby YO21 3PU, www.whitbyyachtclub.com
- ◆ Scarborough Yacht Club The Lighthouse, Vincent Pier, Scarborough, YO11 1PH, 01723 373821 www.syc.org.uk

<u>Scouts and Explorers</u> (To find your local scout group **North Yorkshire Scouts** - www.nys.org.ukindex.php)

- ◆ First Scarborough Scouts www.firstscarborough.scarboroughscouting.org.uk/
- ◆ **49th Eastfield Scouts** www.facebook.com/49Eastfield/ Tel:01723 864794 , 07898 915550
- ◆ Derwent Valley Scout Group Tel: 01723 865064
- ◆ Eskmouth (Whitby) Scout Group www.eskmouthscouts.mywebcommunity.org/

Sea Cadets

- Scarborough Sea Cadets East Sandgate, Scarborough, YO11 1PR, Tel: 01723 374263 Mob:07913547197- Scarboroughscc@yahoo.co.uk
- ♦ Filey Sea Cadets HQ Southdene, Filey, YO14 9BB, Tel: 01723 513342







>> Voluntary Youth Clubs / Projects

Whitby Amateur Boxing Club

Boxing club open to 6-40 yrs - Male and Female

St Patricks Church, Church Street, Whitby

www.facebook.com/whitbyboxingclub/

Gallows Close Youthie
Tuessday—10-14yrs-5.00- 6.30pm
Friday
Gallows Close Centre,
Barrowcliff, Scarborough
Contact Kimmie: Tel 01723 378102

The Summit

St Nicolas Street, Scarborough
Youth Angels Youth Group
Friday 6.30 -9.00 pm (11-18yrs)

Carers Plus Yorkshire

Young Carers and support for all carers

Contact 01723 850155

Staithes Youth Group

Thursday 6.00 - 9.00 pm

Staithes Village Hall

Email:staithesyouthgroup@gmail.co

Gyms / Fitness Centres

- ♦ BJ Fitness bjfitnesscentrescarborough.co.uk , 01723 377006
- ◆ COMPASS Health & Fitness www.compassfitness.co.uk 01723 377333
- ♦ Everyone Active Eastfield, Scarborough, Whitby- www.everyoneactive.com
- ◆ Fashionable Fitness (Eastfield) www.fashionablefitness.club/
- ◆ Fitness Machine (Whitby) www.fitnessmachine2.co.uk 01947 821755

Gymnastics

◆ Scarborough Gymnastics Academy - Barry Lane, Scarborough, YO12 4HA 01723 366271 - www.scarboroughgymnastics.co.uk/

Horse Riding

- ◆ Borrowby Equestrian— Borrowby, Staithes, TS13 5EH, www.borrowbyequestriancentre.co.uk
- ♦ Brigg View Sands Rd, Filey YO14 9QW, 01723 890205
- ◆ Snainton Riding Centre Station Road, Snainton YO13 9AP 01723859218 www.snaintonridingcentre.co.uk

Judo

◆ Scarborough Ippon Judo Club - Wed – 6-7pm The Street, Scarborough. contact Dave 07525451454 - www.judoscarborough.co.uk/

Mountain Biking Clubs

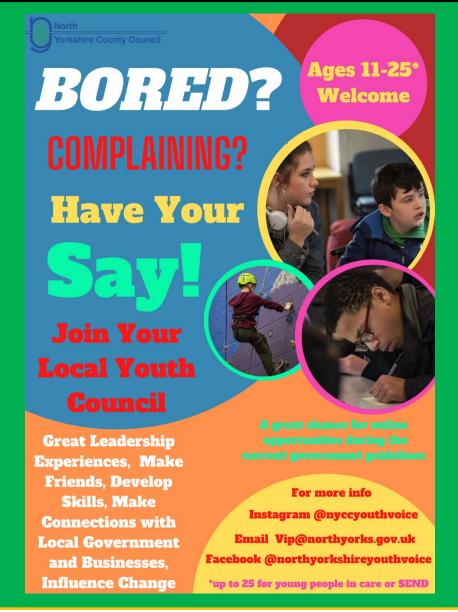
- ◆ Richardson's Cycling Scarborough www.richardsonscyclesscarborough.co.uk/ ride-with-us.html
- ◆ Let's Bike (Scarborough) www.letsbike.net/for more information contact Pete 07805077200

Martial Arts

- ◆ Desapline Martial Arts www.facebook.com/Desapline
 Tel: 07885630681 Email: desaplinemartialarts@gmail.com
- ◆ Evolution Martial Arts Academy Green Lane Centre, Whitby contact James 07880 797147ww.evolutionmaa.com
- ◆ Extreme Kickboxing Scarborough The Street, 12 Lower Clark St, Scarborough YO12 7PW http://www.extreme-kickboxing-scarborough.co.uk/
- ◆ Enso Ryu YMCA, St Thomas Street, Scarborough YO11 1DZ, 01723 374227, www.ensoryu.co.uk
- ◆ MESH Tae Kwon-Do Robin hoods Bay, Contact Matt Crossland, email matt@meshtkd.co.uk

Motor Cycle Clubs

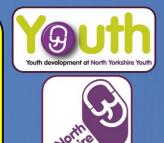
◆ Scarborough and District Motor Club - www.scarboroughdmc.co.uk/



◆ 16 - 19 NEET—Not in Education, Employment or Training?

- ◆ YH Training Education and traineeships, apprenticeships + Employment, 37-39 Falsgrave Road, Scarborough, YO12 5EA, www.yh-group.co.uk
- ◆ Futureworks NY Personalised support and guidance, www.futureworksny.co.uk
- ◆ **Tyro Training** -Training specific to business needs, www.tyro training.co.uk

Filey Youth Club





Wednesday
7pm until 9pm
St John's Church

Open to Year 7+ 50p Entry